

women's wellness RETREAT



Join us for a refreshing weekend in nature under the New Moon in Libra
August 2nd-4th | \$400 per person



the total PACKAGE

Beautiful accommodations in Garden Valley, Idaho

Fresh, plant based meals

Daily yoga practice

Cacao ceremony

Earthing, journaling and meditation

Both free time and connection with like minded women



**PLEASE REACH OUT TO SHARON HAMMER TO
RESERVE YOUR SPOT
SHARONHAMMERWELLNESS.COM/RETREATS
312-965-0245**