



GARDEN VALLEY, IDAHO
SEPTEMBER 15TH-17TH 2023

New Moon Retreat: Raise your Vibration

A grounding journey under the new moon
to set intentions for new beginnings &
raise your vibration

YOGA | MEDITATION | EARTHING
FREE TIME | CACAO CEREMONY

All fresh, healthy meals included
To learn more call or text Sharon @ 312-965-0245 or
visit the link in the QR code



YOUR HOSTS:



SHARON HAMMER, LPC, RYT 500



NYTASHIA ALLBRITTON